Weekly Meal Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Penne pasta with marinara sauce snack: garlic bread with dipping sauce veggie: celery sticks	Fish Sticks veggie: green beans fruit: apple slices	Grilled Cheese veggies: carrot sticks fruit: grapes	Hot dogs with french fries fruit: orange slices	Pizza fruit: bananas veggies: salad
Veg and cheese Lasagna fruit: pear slices veggies: salad	Chicken Quesadilla veggies: carrot sticks fruit: apple slices	Mac n cheese with french fries fruit: banana slices	Turkey Sandwich veggies: corn fruit: orange slices	Pizza fruit: grapes veggies: broccoli
Cheese Ravioli fruit: banana slices veggies: green peas	Hot dogs with french fries fruit: orange slices	chicken Taquitos fruit: pear slices Veggies: celery sticks	Fish Sticks veggie: green beans fruit: apple slices	Pizza fruit: bananas veggies: salad
Chicken strips fruit: pear slices veggies: salad	Chicken Pesto veggies: green peas fruit: grapes	Chicken Quesadilla veggies: carrot sticks fruit: apple slices	Veg. and cheese Lasagna fruit: orange slices veggies: corn	Pizza fruit: grapes veggies: celery sticks

meals

Chicken strips
Chicken Taquitos
Cheese Ravioli
Penne Pasta with marinara sauce
fish sticks
Hot dogs

pizza
chicken quesasillas
meat and cheese lasagna
Grilled Cheese Sandwiches
fresh Turkey Sandwiches

Substitutions for veggies

carrot sticks
celery sticks
green beans
peas
broccoli
salad
corn

Snacks

garlic bread with dipping sauce
cheese and crackers
string cheese
celery sticks with dip
carrot sticks with dip
pretzels
chex mix
Rice cakes

Substitutions for Fruit

apples slices
orange slices
banana slices
grapes
pear slices

Drinks

Milk
Juice
Bottled water

** Menu is subject to change**